

**Contd/ Average Annual Consumption of Household Member from Food Items & Tobacco
by Governorates, Urban & Rural**

Food and Tobacco	Unit	Governorate						
		Karak	Tafilah	Ma'an	Aqaba	Urban	Rural	Kingdom
Spices and Food Add Ups								
Black pepper	Kg	0.03	0.03	0.02	0.1	0.11	0.09	0.1
Mixed spices	Kg	0.28	0.27	0.28	0.3	0.25	0.22	0.25
Cardamom	Kg	0.08	0.04	0.04	0.03	0.05	0.12	0.07
Table salt	Kg	4.46	4.37	8.09	3.63	4.88	6.19	5.17
Vinegar	Liter	0	0	0.01	0.02	0.02	0.01	0.02
Anis	Kg	0.01	0.03	0.01	0.03	0.02	0.02	0.02
Cinnamon	Kg	0.16	0.05	0.04	0.03	0.06	0.11	0.07
Pickles	Kg	0.05	0.11	0.07	0.35	0.2	0.4	0.24
Tahini	Kg	0.57	0.37	0.27	0.44	0.56	0.47	0.54
Concentrated tomato puree	Kg	0.92	0.67	0.9	1.24	1.05	1.03	1.05
Magi(soup) cubes	Number	5.51	5.4	12.82	14.17	17.05	13.9	16.35
Rosewater	Liter	0	0.01	0	0	0.01	0.01	0.01
Ketchup	Kg	0.07	0.02	0.02	0.07	0.1	0.04	0.09
Baking powder	Kg	0	0	0	0	0	0	0
Yeast	Kg	0.05	0.1	0.04	0.03	0.02	0.04	0.02
Others	N/A	0.07	0	0	0	0	0	0